

5

ideas

to

bring SEL into your digital community

Social and Emotional Learning (SEL) can be immersed through all areas of class activities. The beginning moments of class, during transitions, within a lesson, as a close to the class period or day, or even when students could benefit from a break, are all opportunities to practice these essential skills.

Technology can be a valuable asset to provide meaningful SEL activities within your classroom.

Explore these 5 ideas to bring SEL into your digital community.



Embed mindfulness into lesson delivery through slide transitions and animations.



Add music to a lesson, linking to a slide or presentation.



Use digital notebooks for gratitude or reflection journals.



Facilitate collaboration boards for daily affirmations or check-ins.



Offer artistic representation, using video, audio, and/or art apps to represent student voice and choice in how they demonstrate understanding.

To learn more about our SEL training series and other professional development opportunities please go to boxlight.com/professional-development and explore our Course Catalog.